



Dublin Senior Center
7600 Amador Valley Blvd
Dublin, CA 94568

Regular Meeting of the **DUBLIN YOUTH ADVISORY COMMITTEE**

Wednesday, February 11, 2026

**Location: Dublin Senior Center
7600 Amador Valley Blvd
Dublin, CA 94568**

Regular Meeting 7:00 PM

1. CALL TO ORDER AND PLEDGE OF ALLEGIANCE

2. PRESENTATIONS

2.1 Presentation of Youth Mental Health and Mindful Technology

The Youth Advisory Committee will receive a presentation from Shane Pope, Founder of Reflect Technology, focused on youth mental health, emotional awareness, and the use of mindful and intentional technology to support wellness and connection to professional resources.

STAFF RECOMMENDATION:

Receive the presentation.

[Staff Report](#)

3. PUBLIC COMMENT

At this time, the public is permitted to address the Youth Advisory Committee on non-agendized items. Please step to the podium and clearly state your name for the record. COMMENTS SHOULD NOT EXCEED THREE (3) MINUTES. In accordance with State Law, no action or discussion may take place on any item not appearing on the posted agenda. The Committee may respond to statements made or questions asked, or may request Staff to report back at a future meeting concerning the matter. Any member of the public may contact the Recording Secretary's Office related to the proper procedure to place an item on a future Youth Advisory Committee agenda. The exceptions under which the Committee MAY discuss and/or take action on items not appearing on the agenda are contained in Government Code Section 54954.2(b)(1)(2)(3).

4. CONSENT CALENDAR

Consent Calendar items are typically non-controversial in nature and are considered for approval by the Youth Advisory Committee with one single action. Members of the audience, Staff or the Youth Advisory Committee who would like an item removed from the Consent Calendar for purposes of public input may request the Chair to remove the item.

4.1 Approval of the January 14, 2026 Youth Advisory Committee Regular Meeting Minutes

The Committee will consider approving the January 14, 2026, Youth Advisory Committee Regular Meeting minutes.

STAFF RECOMMENDATION:

Approve the minutes of the January 14, 2026, Youth Advisory Committee Regular Meeting.

[Staff Report](#)

[Attachment 1 - Minutes of the January 14, 2026 Youth Advisory Committee Regular Meeting](#)

5. UNFINISHED BUSINESS

6. NEW BUSINESS

6.1 Ad Hoc Committees Updates and Discussion

The Committee will receive updates on the activities of various Ad Hoc committees, including KidVenture Night and the Benefit Concert.

STAFF RECOMMENDATION:

Receive the updates from the KidVenture Night and Benefit Concert Ad Hoc Committees.

[Staff Report](#)

6.2 “One Good Thing” Youth Mental Health Awareness Program

The Youth Advisory Committee will receive a report summarizing outcomes from a discussion on youth mental health awareness and an overview of a proposed program concept developed from that discussion. The report introduces the “One Good Thing” initiative, a youth-friendly approach to support mental wellness that focuses on positive reflection, accessibility, and optional participation.

STAFF RECOMMENDATION:

Receive the report and provide feedback on the proposed “One Good Thing” youth mental health awareness program concept.

[Staff Report](#)

7. STAFF AND COMMITTEE MEMBER REPORTS

Brief information only reports from Committee Members and/or Staff, including committee reports and reports by Committee Members related to meetings attended at City expense (AB1234).

8. ADJOURNMENT

This AGENDA is posted in accordance with Government Code Section 54954.2(a) If requested, pursuant to Government Code Section 54953.2, this agenda shall be made available in appropriate alternative formats to persons with a disability, as required by Section 202 of the Americans with Disabilities Act of 1990 (42 U.S.C. Section 12132) (ADA), and the federal rules and regulations adopted in implementation thereof. To make a request for disability-related modification or accommodation, please contact the City Clerk's Office (925) 833-6650 at least 72 hours in advance of the meeting. Upon receiving a request, the City will swiftly resolve requests for reasonable accommodation for individuals with disabilities, consistent with the federal ADA, and resolve any doubt in favor of accessibility. Agenda materials that become available within 72 hours in advance of the meeting, and after publishing of the agenda, will be available at Civic Center, 100 Civic Plaza, and will be posted on the City's website at www.dublin.ca.gov/ccmeetings.

Mission

The City of Dublin promotes and supports a high quality of life, ensures a safe, secure, and sustainable environment, fosters new opportunities, and champions a culture of equity, diversity, and inclusion.