

Before the Board of County Commissioners Martin County, Florida

A Proclamation

Declaring May 2026 as Mental Health Awareness Month in Martin County, Florida

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the mental health of every citizen, family, business owner and resident of Martin County is a critical factor in its emotional and economic stability; and

44 million American adults, roughly 18%, are living with a mental health illness, and 13% of American youth aged 12-17 are living with major depression; and

stigma and misunderstanding surrounding mental health conditions can prevent individuals from seeking help and receiving the support they need; and

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raising awareness and fostering open conversations about mental health can promote early intervention, reduce barriers to care and build stronger, more supportive communities; and

it is vital to expand access to mental health services, support prevention efforts and promote resilience through education, outreach and community-based resources to ensure our community's overall health; and

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it is the duty of each and every one of us to provide continued, consistent access to resources to mental health care.

Now, therefore, be it proclaimed by the Martin County Board of County Commissioners that May 2026 is recognized as Mental Health Awareness Month in Martin County to increase public understanding of the importance of mental health, and to strive to be a community who supports mental wellness, providing greater access to treatment, educational tools and resources for our citizens.

Adopted this Nineteenth Day of May 2026

ATTEST:

BOARD OF COUNTY COMMISSIONERS

CAROLYN TIMMANN, CLERK OF THE
CIRCUIT COURT AND COMPTROLLER

SARAH HEARD, CHAIR

EDWARD V. CIAMPI, VICE CHAIRMAN

EILEEN VARGAS, COMMISSIONER

STACEY HETHERINGTON, COMMISSIONER

J. BLAKE CAPPS, COMMISSIONER