



## **Proclamation Recognizing May as Older Americans' Month**

**WHEREAS,** May is Older Americans Month, a time for us to recognize and honor older adults in Albemarle County, Virginia, and their immense influence on every facet of American society; and

**WHEREAS,** Albemarle County recognizes how, through their wealth of life experience and wisdom, older adults guide our younger generations and carry forward abundant cultural and historical knowledge; and

**WHEREAS,** Albemarle County recognizes that older Americans improve our community through intergenerational relationships, community service, civic engagement, and many other activities; and

**WHEREAS,** Albemarle County benefits when people of all ages, abilities, and backgrounds have the opportunity to participate and live independently; and

**WHEREAS,** Albemarle County must ensure that older Americans have the resources and support needed to stay involved in their communities, reflecting our commitment to inclusivity, connectedness.

**NOW, THEREFORE, BE IT PROCLAIMED** that we, the Albemarle County Board of Supervisors, urge every resident to Champion Your Health, this year's theme, and transform how we talk about and perceive aging, by taking proactive action to enhance one's ability to age in place. We encourage everyone to take an active role in managing their own health, advocating for themselves, accessing preventive care, and making informed decisions that support independence.; and

**BE IT FURTHER PROCLAIMED** that we, the Albemarle County Board of Supervisors, hereby proclaim May 2026 to be Older Americans Month.

Signed this 15th day of April 2026.

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Ned L. Gallaway, Chair

Albemarle Board of County Supervisors